

Profile Confidential information, for documentation use only

Name	
Age	
Nationality / Residence	
Marital status	
Occupation	

Stories Interview

1. Tell us a bit about yourself. (e.g. age, nationality, relationship status, occupation, habits of masturbation, etc.)
2. What were your first masturbation experiences? How did you feel?
3. Were there any key influences/ turning points?
4. Did you encounter challenges and how did you respond to them?
5. How did your masturbation experiences influence your perspective and life? (take as ref. critical moments, surprises and lessons, puzzles and wonders, etc.)
6. Using a metaphor, how would you describe yourself and your experiences?
7. If you could meet yourself before experiencing masturbation, what would you share with her?
8. Is there anything you want to try in the future?

Practices Self-document

9. How do you usually masturbate? (The following points only serve as guidelines)
 - What did you do before masturbating? What triggered you wanting to masturbate?
 - What was the setting? How did you prepare yourself to masturbate?
 - What did you do? (e.g. In your mind, with your senses, muscles, postures, etc.)
 - Was there any change along the way?
 - How did you feel?
 - If you reached orgasm, what was it like? If you failed, how did it feel?
 - What did you do after reaching orgasm?
 - Any personal note or tip during masturbation?